

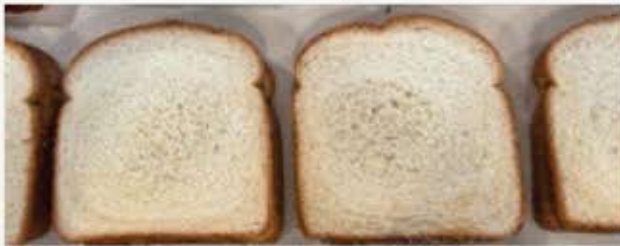


THE SANDWICH PROJECT

Nourish the Hungry · Feed the Soul

1

Lay out bread. No ends/heels, White bread preferred.



2

Spread 1-1/2 tablespoons of peanut butter on each slice of bread.



3

Spread 1-1/2 tablespoons of jelly in the center of one slice of bread.



4

Combine both sides. Assemble the sandwich neatly. **DO NOT** cut sandwiches.



PB&J Instructions

how to make the perfect sandwich

5

Place each sandwich in a Ziploc sandwich bag. Press out excess air.



6

Use the empty loaf bag to package sandwiches. Neatly stack the sandwiches to the top of the bag.



7

Count the # of sandwiches and secure the loaf bag with a twist tie. Keep sandwiches refrigerated.



Assemble a **HEARTY** sandwich; this may be someone's only meal of the day.

Purchase all items with the **LATEST** expiration date.

If anyone in your household is ill, forego making sandwiches.

Please wash your hands and wear gloves